

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: SCZ

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Block Killian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 19: 100M BACKSTROKE WOMEN 11-12 Heat:18, starttime: 10:47

Heat: 18/20 Lane : 3 Athlete: WEGENER LENA Q-time: 01:18:78

PB (50m pool): 01:20.54 Antwerpen 08/03/2026 PB (25m pool): 01:18.78 SB: 01:20.54 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	
PB	00:38.97	01:20.54	
	00:38.97	00:41.57	
			

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12 Heat:9, starttime: 11:22

Heat: 9/12 Lane : 6 Athlete: NABIULLIN MAX Q-time: 02:50:42

PB (50m pool): 03:02.03 Antwerpen 08/03/2026 PB (25m pool): 02:50.42 SB: 03:02.03 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.98	01:22.99	02:18.32	03:02.03	
	00:37.98	00:45.01	00:55.33	00:43.71	
					

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12 Heat:11, starttime: 11:29

Heat: 11/12 Lane : 1 Athlete: NABIULLIN TIM Q-time: 02:46:13

PB (50m pool): 03:00.30 Antwerpen 08/03/2026 PB (25m pool): 02:46.13 SB: 03:00.30 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.75	01:26.98	02:18.70	03:00.30	
	00:39.75	00:47.23	00:51.72	00:41.60	
					

Coach feedback: